

## Waxing Information Sheet

### Male Brazilian and Hollywood waxing

#### Why Wax? And Why You Shouldn't Shave.

Waxing removes hair by the root, resulting in monthly visits for upkeep and no need to shave daily. Your skin is softer and although ingrown hairs can still happen they are greatly reduced v. shaving.

In fact most newbies get themselves so worked up for nothing. 99% of clients leave saying "It wasn't as bad as I imagined". It is incredibly rare that someone doesn't return. Shaving causes micro tears in the skin, razor bumps, rashes, sores and worse ingrown hairs. Ditch that razor!

#### What is involved in Back and Shoulder waxing?

Banbury Waxing is one of the few salons in Oxfordshire that offers male intimate waxing. Brazilian waxing allows clients to experience the delightful feeling of hair free genitals and silky smooth skin. High quality peelable wax is used in combination with specifically developed skin products to make your experience as comfortable as possible.

#### The Positions.

For a back and shoulder wax, you keep your pants on. It's easiest to remove your trousers. Ross will tuck some paper towel into the waistband of your pants to protect your clothing from any stray wax.

You will start lying on your front; this enables Ross to remove the majority of the hair from your back. Next you sit on the side of the couch while Ross removes the remaining hair from your shoulders and upper arms.

#### Hygiene.

Gloves are always worn and the spatula is never double dipped during hot waxing. A, wipe clean couch cover and washed comfortable fleece is used. Tools are carefully sanitised and sterilised.

### Who will be waxing me?

Ross White (he/him) is the sole owner and waxing technician at Banbury Waxing. You can rest assured he will personally undertake all stages of your waxing treatment, never an assistant.

Ross completed his initial waxing certificate with Capital Hair and Beauty. Quickly developing an affinity with waxing and passed the renowned Axion Diploma in Intimate Male Waxing. To complete his portfolio of treatments and after numerous requests he completed a further Diploma in Female Intimate Waxing with the industry guru Sam Marshall.

Ross has developed his superb dexterity, attention to detail and easy going caring nature from years working as a Massage Therapist, Veterinary Nurse and College Teacher. These skills ensure you will receive truly excellent results and customer service.

### How long does the hair need to be?

About a cm+ but from shaving allow 2-3 weeks for a decent growth.

### Will there be any stubble in-between?

If you are new to waxing, yes. This is unavoidable as although we can get all the surface hairs (minus ingrown and ones 1mm long!). We cannot control the hairs that are growing under the skin (new growth) . However after a couple of months all the follicles will have their growth cycle reset and there shouldn't be much at all.

### Will it hurt?

This depends on how you are feeling and your pain threshold. Tired, hungover and stressed states can increase sensitivity. Please avoid caffeinated drinks before visiting, ensure you have plenty of time and some people find taking paracetamol and antihistamine useful. If you find areas painful there are some breathing techniques we can do to help.

### Is it embarrassing being waxed?

Maybe for the first couple of minutes, but then you'll relax and enjoy the appointment. Remember waxing is a large part of Ross's job, he sees all sorts of people and their bodies, and treats everybody with care, compassion and respect.

He won't be embarrassed and neither should you. Talk radio is usually playing, giving you a nice distraction and something to chat about. The rural location of Banbury Waxing means it's unlikely you will see anyone apart from Ross during your visit. Arrive promptly at your appointment time and he will meet you, there is no awkward waiting room or receptionist.

### Can I bring a friend for moral support?

Yes, there is room for three in the Shepherds Hut. I'd suggest they bring a book or magazine to read as it's unlikely they will get any mobile data service. Taking photos or videos is really poor taste and not allowed.

### What should I avoid before coming?

Sunbeds aren't a good idea 48hrs before. Also please don't trim – Ross does that for you on the day. A great tip though is to exfoliate a couple of days before to help release any short or ingrown hairs. Please avoid showering just before your appointment as hot water weakens the hairs.

### What about after? Can I go to the gym?

Sorry not for 24-48 hrs depending on your skin sensitivity. Also any heat treatments, swimming, self tan, and friction are to be avoided. Long journeys or periods sitting as sweaty skin promotes bacterial infection. The best post wax advice is to keep the skin "Cool, Calm and Clean"

### What after care helps?

You will be given an after care advice sheet, but please prepare the following:

Clean cotton t-shirt for immediately after your waxing.

Mild antibacterial soap for a cool shower a few hours after your waxing.

Exfoliating scrub and cloth for a few days after your waxing.

### How often will I need to be waxed?

Ross recommends that you get into a 4 – 6 week waxing cycle in order to get the best results. Booking regular appointments synchronises hair regrowth. This means smoother hair-free skin for longer between appointments. Ross sees many clients who regularly wax, they now enjoy sparse regrowth only needing quick, pain free maintenance visits.

Sporadic waxing, on the other hand, means that your hair won't be in the same growth cycle, so you're likely to get some regrowth soon after your appointment from hairs that had not broken through the skin at the time of your last wax, or hairs that were far too short to wax.

### If Ross invites you to rebook your waxing before leaving, do it!

Experience shows this is the most convenient time to get the best appointment times with the least hassle. Ross also has access to his personal diary at this time and can often be more accommodating.

### Any other questions?

Please send Ross a text on 07864 980812