

## Waxing Information Sheet

### Bikini Line Waxing

#### Why Wax? And Why You Shouldn't Shave.

Waxing removes hair by the root, resulting in monthly visits for upkeep and no need to shave daily. Your skin is softer and although ingrown hairs can still happen they are greatly reduced v. shaving.

In fact most newbies get themselves so worked up for nothing. 99% of clients leave saying "It wasn't as bad as I imagined". It is incredibly rare that someone doesn't return. Shaving causes micro tears in the skin, razor bumps, rashes, sores and worse ingrown hairs. Ditch that razor!

#### Basic Bikini Line.

Hair is removed from just your inner thighs upto the position your pants or bikini bottoms would normally sit.

#### What to wear (or take off).

At Banbury Waxing, the basic bikini line wax is a **pants on** treatment. The etiquette is, I will wax upto to your knicker leg on the pants that you are wearing on the day. Please wear pants that approximate your bikini bottoms.

A small ribbon tie is used to pull the knicker leg in a little further to the middle to prevent wax adhering to your pants, however it's still a good idea to wear old pants in case some wax gets onto them.

Alternatively I have some disposable thongs, if you would prefer.

#### Do you offer a High Bikini Line or G-String Wax?.

Yes, Ross is qualified and offers all intimate waxing for both men and women. With a high bikini wax treatment, hair is removed further in and further up from each side as well as from the area above the pubic bone, leaving behind a neater triangle/strip of growth. This is ideal if you wear high cut swimwear.

If you require a high bikini line waxing it's usually necessary to remove your pants to ensure excellent symmetry (without being able to see the middle it's difficult to get both sides exactly equal.) If you feel uncomfortable removing your underwear just ask and Ross will do his best to achieve good symmetry.

#### Do you offer a Brazilian or Hollywood wax?

Yes, Ross is qualified and offers all intimate waxing for both men and women. These styles include the removal of all (or nearly all) your hair from the front and back of the pubic area. See below for more details.

## The Positions.

You will start with your feet together and knees out - like a frog, sometimes, ask you to hold your knees to your chest.

## Hygiene.

Gloves are always worn and the spatula is never double dipped during hot waxing. A, wipe clean couch cover and washed comfortable fleece is used. Tools are carefully sanitised and sterilised.

## Who will be waxing me?

Ross White (he/him) is the sole owner and waxing technician at Banbury Waxing. You can rest assured he will personally undertake all stages of your waxing treatment, never an assistant.

Ross completed his initial waxing certificate with Capital Hair and Beauty. Quickly developing an affinity with waxing and passed the renowned Axion Diploma in Intimate Male Waxing. To complete his portfolio of treatments and after numerous requests he completed a further Diploma in Female Intimate Waxing with the industry guru Sam Marshall.

Ross has developed his superb dexterity, attention to detail and easy going caring nature from years working as a Massage Therapist, Veterinary Nurse and College Teacher. These skills ensure you will receive truly excellent results and customer service.

## Can I get waxed on my period?

Yes certainly. Just wear a clean tampon and tuck the string up inside you out of the way.

## Can I get waxed when pregnant?

Yes of course you can! Some people prefer to avoid the first trimester (we would always avoid it if you have had any previous complications). You may feel a little more sensitive and we will position you differently as you get bigger.

## How long does the hair need to be?

About a cm+ but from shaving allow 2-3 weeks for a decent growth.

## Will there be any stubble in-between?

If you are new to waxing, yes. This is unavoidable as although we can get all the surface hairs (minus ingrown and ones 1mm long!). We cannot control the hairs that are growing under the skin (new growth) . However after a couple of months all the follicles will have their growth cycle reset and there shouldn't be much at all.

## Will it hurt?

This depends on how you are feeling and your pain threshold. Pre-menstrual, hungover and stressed states can increase sensitivity.

Please avoid caffeinated drinks before visiting, ensure you have plenty of time and some people find taking paracetamol and antihistamine useful. If you find areas painful there are some breathing techniques we can do to help. Most people don't even flinch, especially with hot waxing.

### Is it embarrassing being waxed?

Maybe for the first couple of minutes, but then you'll relax and enjoy the appointment. Remember waxing people's private parts is a large part of Ross's job, he sees all sorts of people and their bodies, and treats everybody with care, compassion and respect.

He won't be embarrassed and neither should you. Talk radio is usually playing, giving you a nice distraction and something to chat about. The rural location of Banbury Waxing means it's unlikely you will see anyone apart from Ross during your visit. Arrive promptly at your appointment time and he will meet you, there is no awkward waiting room or receptionist.

### Can I bring a friend for moral support?

Yes, there is room for three in the Shepherds Hut. I'd suggest they bring a book or magazine to read as it's unlikely they will get any mobile data service. Taking photos or videos is really poor taste and not allowed.

### What should I avoid before coming?

Sunbeds aren't a good idea 48hrs before. Also please don't trim – Ross does that for you on the day. A great tip though is to exfoliate a couple of days before to help release any short or ingrown hairs. Please avoid showering just before your appointment as hot water weakens the hairs.

### What about after? Can I go to the gym?

Sorry not for 24-48 hrs depending on your skin sensitivity. Also any heat treatments, swimming, self tan, and friction are to be avoided.

The best post wax advice is to keep the skin "Cool, Calm and Clean"

## What areas will be smooth and hair free after intimate waxing?

### Basic Bikini Line

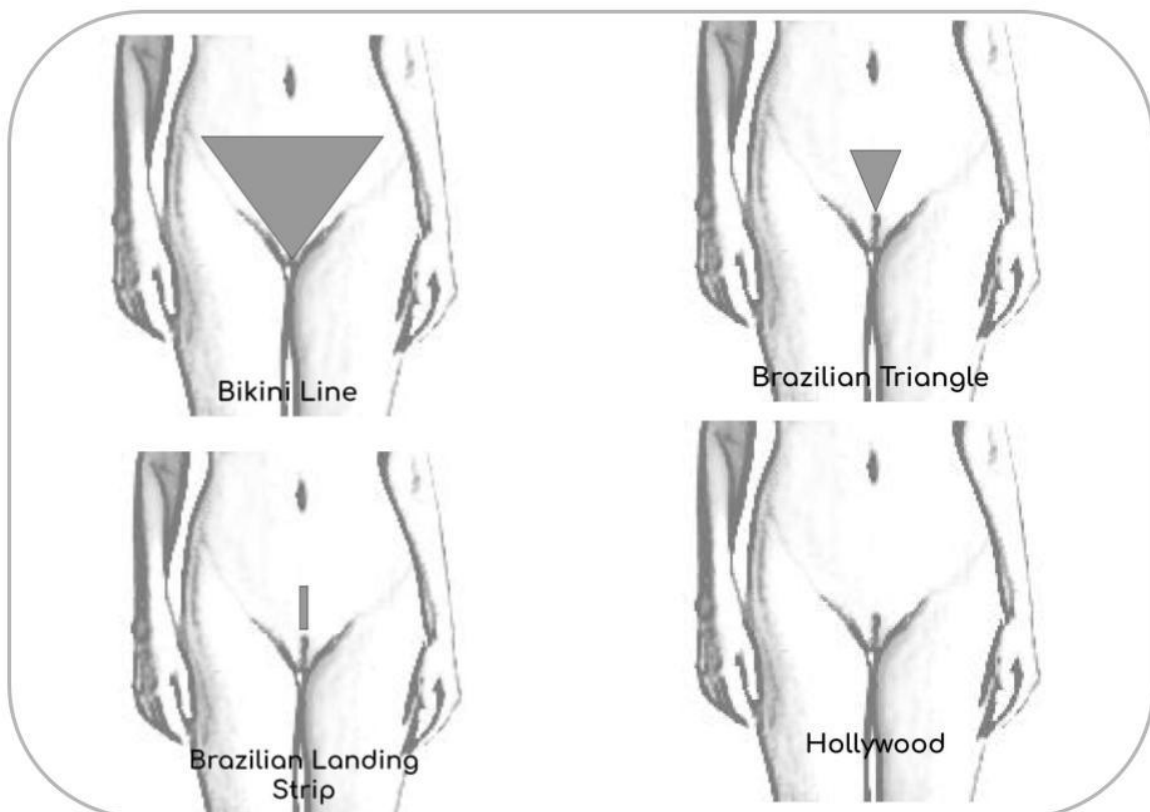
Hair is removed from just your inner thighs upto the position your pants or bikini bottoms would normally sit.

### Brazilian and Hollywood Styles

These are the most popular bikini area waxes. They Include all the hairs from your inner thighs, upto and including your labia majora (outer lips). The fine hairs that grow on the inner side of your labia majora and those around your bum are also removed. The only difference between Brazilian and Hollywood styles is the amount and shape of the hair left on your pubic mound (*see pictures below*).

If you wish for an alternative style or shape, chat with Ross at the start of your appointment. Some people also like to have any remaining hair trimmed short to give a smart edge while others prefer to leave it long creating a more relaxed look.

### Basic Female Styles



Any other questions?

Please send Ross a text on 07864 980812