

# Female Intimate Standard Operating Procedure

## Scope:

Female (with vulva) intimate waxing, to include Hollywood and Brazilian Intimate Waxing, performed at Banbury Waxing Hut by Ross White

## Initial Client consultation

A brief description of the areas to be waxed, confirmation that the client understands.

- Giving consent for intimate waxing
- Consent can be withdrawn at any time but this must be clearly vocalized.
- A basic understanding of the procedure to be undertaken, and areas included in waxing.
- Contra indications have been discussed.
- A small patch test of wax has been applied to the clients wrist.

## Preparation

Ross will leave the room to allow you to undress in private. You are requested to remove all clothing from the lower half of your body. An intimate wipe is provided which you are required to use to ensure the areas being waxed are hygienic. Initially you lie under a blanket. Ross will knock before reentering the room and check you are ready.

Ross wears disposable gloves throughout the waxing.

To start, lie on your back, feet together, knees out. Hips may be supported with a bolster under knees.

If necessary hair length is reduced with the use of clippers to prevent tangling.

Skin preparation is applied with the aid of a swab to all areas where hair is to be removed. Addition of more skin protect and calm, is undertaken throughout the waxing as required.

## Step by step waxing procedure.

Peelable warm wax is applied to your skin using clean spatulas. Wax temperature is initially tested on Ross's wrist. Application is in the direction of the continuous arrow and removal in the direction of the broken arrow. Application and removal is undertaken on both sides (for clarity the diagrams only show one side). To allow safe and effective application and removal it is necessary for Ross to anchor your skin with his fingers. Anchor points are indicated with the letter A.

## Inner Thigh

Strips applied in direction indicated. It is often necessary to apply two strips on either side to accommodate the curvature of your thigh.

### Key to waxing diagrams

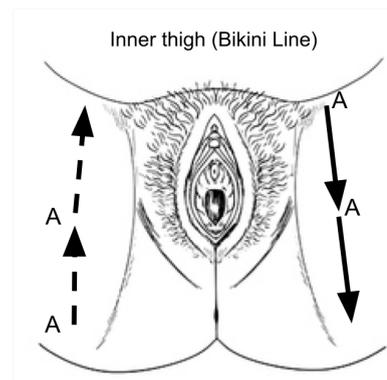
A - Point where skin is supported by fingers.

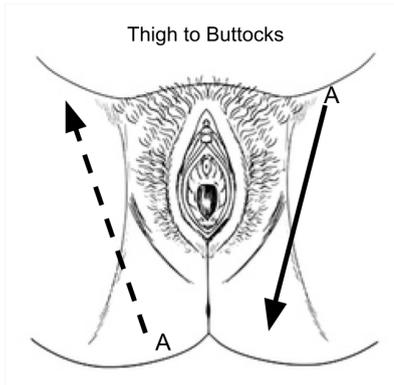


Direction wax is applied

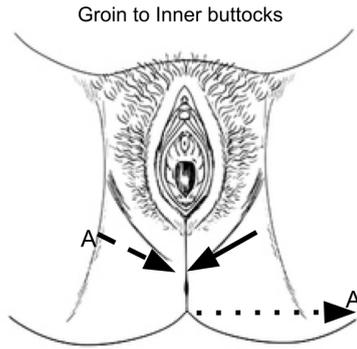


Direction wax is removed

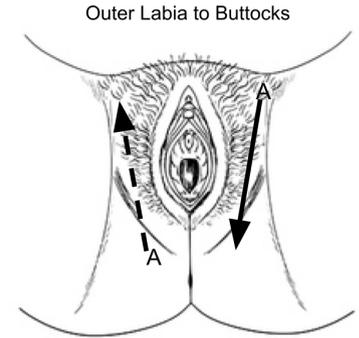




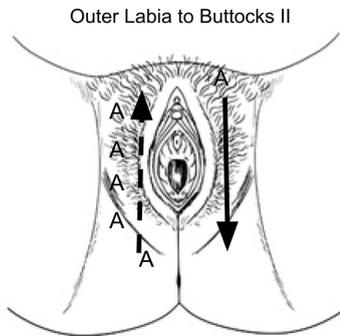
An additional stretch may be required depending on thigh crease.



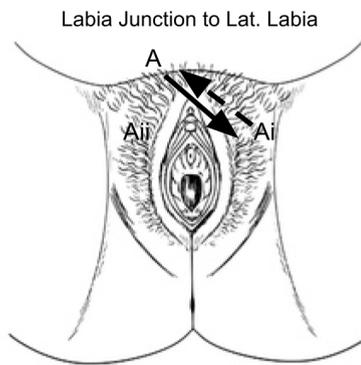
Buttock is retracted in the direction of dotted arrow to allow wax application.



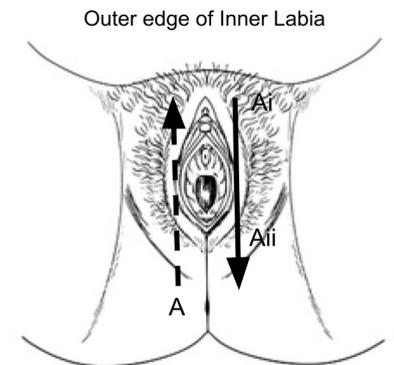
If inner labia needs moving to the side a cotton pad is used.



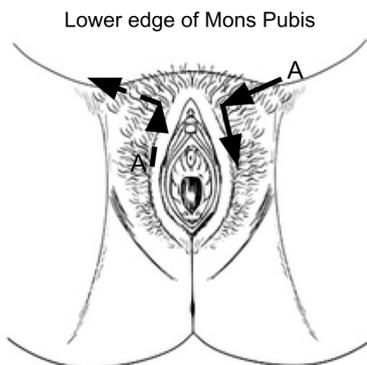
Several anchor points to ensure comfortable removal.



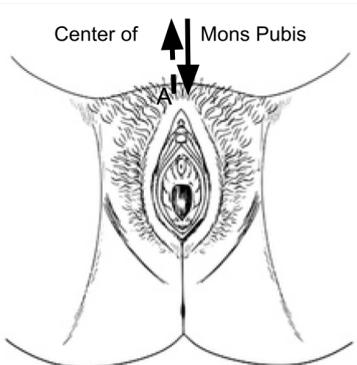
Palm placed across both labia to support both sides. Aii - Heal of palm  
Ai - Fingers.



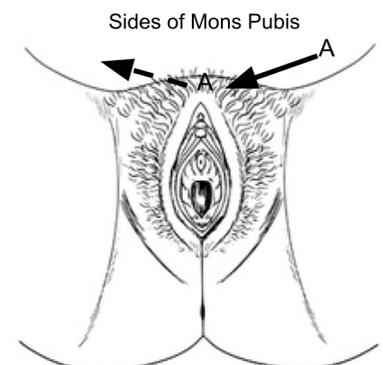
Skin is stretched between Ai and Aii and retracted laterally to allow wax placement.



Wax is removed initially upwards, then outwards.

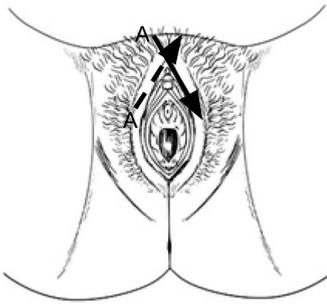


Anchor point located just above the labia junction where hair was previously removed.



Mons wax typically applied from side to middle dependent on chosen style.

Hood and Inner Labia



Two thin strips are placed on the outer edge of the inner labia incorporating the small hairs located on the clitoral hood.

Finally powder is applied to the mons pubis and three large wax strips are placed covering the whole area. These are removed in the opposite direction to normal and ensure no tiny hairs are left.

After wax skin conditioner is liberally applied to your mons pubis and labia using a cotton pad. This soothes the whole area and facilitates removal of any stray or ingrown hairs.

### **Waxing of your perineal, perianal and glutes**

For these areas you lie on your side with knees up to your chest. Usually on your left hand side. You will be requested to retract your upper glute to aid visualisation and waxing.

Skin preparation is applied using a cotton pad. It is essential that this area is completely dry before wax is applied so often a couple of cotton pads are used to dry the area.

Ross will stretch the perianal skin with one hand while applying a wax strip. To ensure comfort and majorative hair removal on this first strip, it is essential that the skin is held taught. A wax strip is applied to both lower and upper glutes.

These strips are removed in the opposite direction to which they were applied. This direction will depend on your individual hair growth.

Another small strip will be placed on both sides, close to your anal ring to remove the small hairs found close to the middle. A strong non adhesive low temperature wax is used for these strips.

An after waxing cream is applied with the aid of a cotton pad to this area.

### **Final two position for female intimate waxing**

If there are hairs around the inner glutes that you want removed, you will be asked to lie on your back with your knees upto your chest. This position gives excellent access and stretches the skin, where the thighs meet the gluteals.

The hairs from this region are usually fine thus best removed with strip wax. It only takes one or two strips on either side to remove the hairs from this region and is well worth the additional time taken.

If you **specifically request**, any hairs from the base of your spine and outer thighs can also be removed. For these the best position is kneeling and resting on your elbows. Again strip wax is used to remove these fine hairs.

### **Checking mons pubis for remaining and ingrown hairs**

Once all the initial waxing has been completed, Ross will take a couple of minutes to check for any tiny remaining or ingrown hairs. With the aid of a magnifying lamp and special ingrown hair removal tweezers these can be removed.

Ross will leave the room allowing you time to check your waxing and get dressed in privacy. After your waxing you will normally be invited to book your next waxing appointment.

You are encouraged to tell Ross before leaving if you have spotted any missed hairs, he will always take the time to rectify this and ensure you are delighted with the results of your wax hair removal.

Thank you for taking the time to read this detailed description, this protocol has been checked by several experienced waxers and industry leaders. If you have any questions or concerns please don't hesitate to discuss these with Ross **before** your waxing.